

WAYNE M. WEIL, M.D.

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Visit XIAFLEX.com to find
specialists near you.

XIAFLEX[®]
collagenase clostridium histolyticum

For adults with Dupuytren's contracture when a "cord" can be felt

XIAFLEX[®] is the 1st and only
FDA-approved nonsurgical
treatment option for
Dupuytren's contracture

Talk with your doctor today to see if XIAFLEX[®]
may be right for you.

WHAT IS XIAFLEX[®]?

XIAFLEX[®] is a prescription medicine used to treat adults with Dupuytren's contracture when a rope-like "cord" can be felt. It is not known if XIAFLEX[®] is safe and effective in children under the age of 18.

IMPORTANT SAFETY INFORMATION FOR XIAFLEX[®]

Do not receive XIAFLEX[®] if you have had an allergic reaction to collagenase clostridium histolyticum or any of the ingredients in XIAFLEX[®], or to any other collagenase product. See the end of the Medication Guide for a complete list of ingredients in XIAFLEX[®].

Please see Important Safety Information for XIAFLEX[®] on page 14.



ABOUT THIS GUIDE TO XIAFLEX[®]

Making important decisions about your medical condition isn't always easy. This guide is designed to help you better understand Dupuytren's contracture (also known as "DC"). It also gives you information about XIAFLEX[®] (Zi a flex), one possible treatment option.

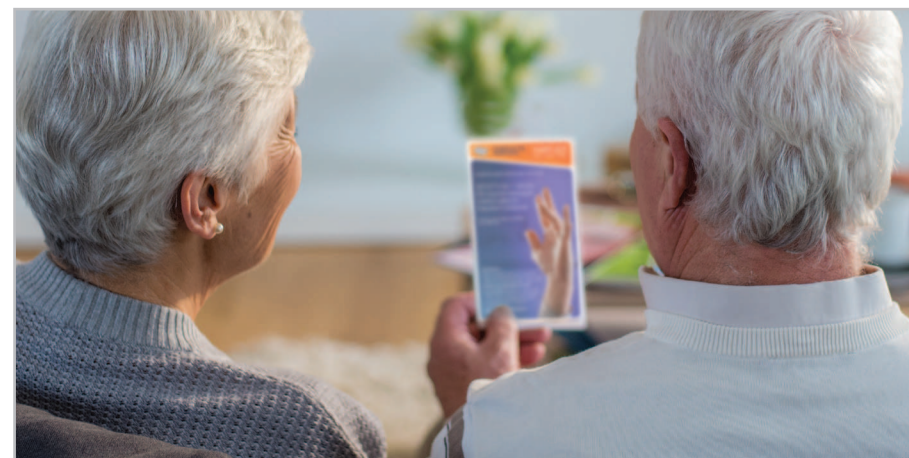


HOW WILL THIS GUIDE HELP YOU?

This guide will share information with you about DC and a treatment option, XIAFLEX[®].

- What happens if you have DC and if it's time to treat
- How XIAFLEX[®] works and may be able to help your condition
- What XIAFLEX[®] treatments are like and what to expect
- How XIAFLEX[®] can be used if DC returns after treatment
- How you may save with XIAFLEX[®] copay information
- When XIAFLEX[®] is ordered through a specialty pharmacy, what role you may play

Perhaps most importantly, this guide may help you think of your own questions to ask your doctor about DC and XIAFLEX[®].



IMPORTANT SAFETY INFORMATION FOR XIAFLEX[®] (CONT.)

XIAFLEX[®] can cause serious side effects, including:

- **Tendon rupture or ligament damage.** Receiving an injection of XIAFLEX[®] may cause damage to a tendon or ligament in your hand and cause it to break or weaken. This could require surgery to fix the damaged tendon or ligament. Call your healthcare provider right away if you have trouble bending your injected finger (towards the wrist) after the swelling goes down or you have problems using your treated hand after your follow-up visit

Please see Important Safety Information for XIAFLEX[®] on page 14.

Please [click here](#) for full Prescribing Information, including Medication Guide.

IMPORTANT SAFETY INFORMATION FOR XIAFLEX[®] (CONT.)

XIAFLEX[®] can cause serious side effects, including:

- **Nerve injury or other serious injury of the hand.** Call your healthcare provider right away if you get numbness, tingling, increased pain, or tears in the skin (laceration) in your treated finger or hand after your injection or after your follow-up visit

WHAT IS DUPUYTREN'S CONTRACTURE?

LEARNING ABOUT A PROGRESSIVE CONDITION

Assessing the signs and symptoms of Dupuytren's contracture (DC) is the first step to helping you and your doctor decide if it's time for treatment. DC is a condition that can worsen over time. It involves the tissue beneath the surface of the skin and is caused by a buildup of a substance called collagen. This makes the tissue thicken and can form a tight, rope-like cord in the palm. In time, the tightening cord can make the fingers bend inward to your palm. This is called "contracture" ("con-trak-shur").

Thickening tissue can cause a rope-like cord to form in the palm.



Over time, the cord may begin to pull one or more fingers into the palm. This is called "contracture." It can limit how much you can move or straighten your fingers.

DC can involve any of the fingers. Those most commonly affected are the ring and pinky finger. It can affect one hand or both hands. The condition can worsen at different rates for different people.

Please see Important Safety Information for XIAFLEX® on page 14.

Please [click here](#) for full Prescribing Information, including Medication Guide.

ARE SOME PEOPLE MORE LIKELY TO HAVE DC?

Some people are more likely to have DC. Below are a few of the risk factors:

- **Age** – people over age 40
- **Gender** – men are more likely to have DC
- **Family history of DC** – often runs in families
- **Family background** – people with ancestors from Northern Europe
- **Smoking** – may have a higher risk of DC
- **Diabetes** – also believed to increase the risk of DC



IMPORTANT SAFETY INFORMATION FOR XIAFLEX® (CONT.)

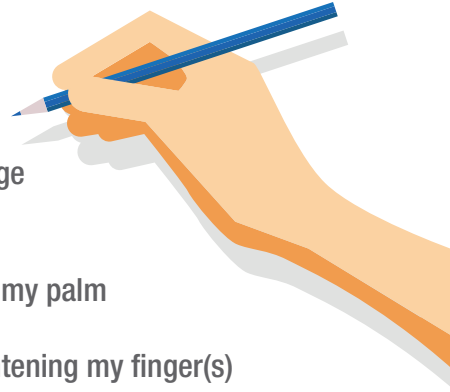
XIAFLEX® can cause serious side effects, including:

- **Hypersensitivity reactions, including anaphylaxis.** Severe allergic reactions can happen in people who receive XIAFLEX® because it contains foreign proteins. Call your healthcare provider right away if you have any of these symptoms of an allergic reaction after an injection of XIAFLEX®:
 - hives
 - chest pain
 - swollen face
 - low blood pressure
 - breathing trouble
 - dizziness or fainting

IS NOW THE TIME TO TALK WITH YOUR DOCTOR?

Talking with your doctor will help you decide if it might be time for treatment.

People discuss Dupuytren's contracture (DC) with their doctors for different reasons. Check the boxes that apply to you and be sure to share them with your doctor.



- I'm worried about a change in how my hand looks
- I have a rope-like cord in my palm
- I have a hard time straightening my finger(s)
- My finger has a reduced range of motion
- My symptoms have gotten worse over time
- I cannot press my hand flat against the top of a table

EXPERIENCING SYMPTOMS? LET YOUR DOCTOR KNOW

Use the table below to keep track of any symptoms you may be experiencing. Be sure to ask for help if you're having trouble writing and use additional paper if needed.

Bring this brochure to your next doctor's appointment, so you'll remember everything you'd like to discuss.

Symptom	When it started
1.	
2.	
3.	
4.	

IMPORTANT SAFETY INFORMATION FOR XIAFLEX[®] (CONT.)

XIAFLEX[®] can cause serious side effects, including:

- **Increased chance of bleeding.** Bleeding or bruising at the injection site can happen in people who receive XIAFLEX[®]. Talk to your healthcare provider if you have a problem with your blood clotting. XIAFLEX[®] may not be right for you.

IMPORTANT SAFETY INFORMATION FOR XIAFLEX[®] (CONT.)

Before receiving XIAFLEX[®], tell your healthcare provider if you have had an allergic reaction to a previous XIAFLEX[®] injection, or have a bleeding problem or any other medical conditions.

Please see Important Safety Information for XIAFLEX[®] on page 14.

Please [click here](#) for full Prescribing Information, including Medication Guide.

TREATMENT FOR DUPUYTREN'S CONTRACTURE

Treating Dupuytren's contracture (DC) involves important decisions. Your opinion counts. The more you know about your options, the better.

Here's some good news about DC:

- Treatment is available from experts like hand surgeons
- Treatment with XIAFLEX® may improve finger range of motion
- You have options when it comes to treating DC

NONSURGICAL TREATMENT WITH XIAFLEX®

Since 2010, XIAFLEX® has been a treatment option for DC. You may wish to discuss XIAFLEX® with your doctor.

- XIAFLEX® is a medicine approved by the FDA to treat DC without surgery when a cord can be felt
- If the cord remains after the XIAFLEX® injection, a finger extension procedure is performed to help break the cord
- Treatment may be repeated if the XIAFLEX® injection and finger extension procedure are not successful the first time. The doctor may inject XIAFLEX® and perform the finger extension procedure up to 3 times per cord at approximately 4 week intervals

IMPORTANT SAFETY INFORMATION FOR XIAFLEX® (CONT.)

Tell your healthcare provider about all the medicines you take, including prescription and non-prescription medicines, vitamins, and herbal supplements. Using XIAFLEX® with certain other medicines can cause serious side effects. Especially tell your healthcare provider if you take medicines to thin your blood (anticoagulants). If you are told to stop taking a blood thinner before your XIAFLEX® injection, your healthcare provider should tell you when to restart the blood thinner. Ask your healthcare provider or pharmacist for a list of these medicines if you are unsure.

Please see Important Safety Information for XIAFLEX® on page 14.

Please [click here](#) for full Prescribing Information, including Medication Guide.

ASK YOUR DOCTOR IF XIAFLEX® IS RIGHT FOR YOU

XIAFLEX® is a nonsurgical treatment. It is the first and only FDA-approved prescription medicine used to treat adults with DC when a cord can be felt in the hand.



**Through December 2016.*

HOW DID PATIENTS DO IN XIAFLEX® STUDIES?†

Clinical studies showed XIAFLEX® and a finger extension procedure helped straighten or nearly straighten patients' fingers, and improved range of motion after up to 3 injections.

- One study showed that out of 203 patients treated with XIAFLEX®, 129 patients achieved a straight or nearly straight finger after up to 3 injections of XIAFLEX® and finger extension procedures
 - Compared with only 7 out of 103 patients who received the placebo (an injection without medicine)
- A second study showed that out of 45 patients treated with XIAFLEX®, 20 patients had a straight or nearly straight finger after up to 3 injections of XIAFLEX® and finger extension procedures
 - Compared with only 1 out of 21 who received the placebo

†Patients in these 2 studies received up to 3 injections of XIAFLEX® or placebo into a cord that could be felt on Days 0, 30, and 60. About 24 hours after each injection, patients had a finger extension procedure and were fitted with a splint to wear at bedtime for up to 4 months. Patients also performed finger exercises every day.

UNDERSTANDING THE XIAFLEX[®] PROCEDURE

XIAFLEX[®] must be injected into the cord by a hand specialist.

Use the **Specialist Locator tool** at XIAFLEX.com to find doctors in your area who are experienced in treating Dupuytren's contracture (DC) and administering XIAFLEX[®].



RECEIVING YOUR INJECTION

Treating DC with XIAFLEX[®] can be performed in your doctor's office.

Your doctor will:

- Inject XIAFLEX[®] directly into the cord that is causing your finger(s) to bend
- If you have a cord affecting more than one joint in the same hand your doctor may give you 2 injections during your visit
- Wrap your treated hand with bandages
- Advise you to keep your hand elevated until bedtime
- Advise you to limit the movement of your treated finger(s)
 - Do not bend or straighten the treated finger(s) yourself



The next step in treatment with XIAFLEX[®] is extending your fingers. Finger extension is performed by your doctor and explained in more detail on page 12.

Please see Important Safety Information for XIAFLEX[®] on page 14.

Please [click here](#) for full Prescribing Information, including Medication Guide.

WHAT TO EXPECT

Most people experience some side effect(s) following treatment. It's important to know what's common – and what might prompt you to call your doctor. For example, pain or swelling in your armpit is a common side effect experienced by patients who were treated with XIAFLEX[®] in clinical studies.

You should report any side effect you experience after treatment, including an allergic reaction, to your doctor. Be sure to review all possible side effects with your doctor. You can also refer to the safety information on page 14.

Call your healthcare provider right away if you have:

- signs of infection after your injection, such as fever, chills, increased redness, or swelling
- numbness or tingling in the treated finger
- trouble bending the injected finger after the swelling goes down

IMPORTANT SAFETY INFORMATION FOR XIAFLEX[®] (CONT.)

The most common side effects with XIAFLEX[®] for the treatment of Dupuytren's contracture include:

- swelling of the injection site or the hand
- bruising or bleeding at the injection site
- pain or tenderness of the injection site or the hand
- swelling of the lymph nodes (glands) in the elbow or armpit
- itching
- breaks in the skin
- redness or warmth of the skin
- pain in the armpit

Tell your healthcare provider if you have any side effect that bothers you or does not go away. These are not all of the possible side effects with XIAFLEX[®]. For more information, ask your healthcare provider or pharmacist.

EXTENDING YOUR FINGERS

- After your XIAFLEX[®] injection, your first follow-up visit with your doctor will be approximately 1-3 days later
- If you still have the cord, your doctor may try to extend the treated finger(s) and “break” the cord
 - This is to help straighten your finger(s)



CARING FOR YOUR HAND AFTER XIAFLEX[®] TREATMENT

Your doctor will provide instructions on how to care for your hand after the procedure. Some directions may include:

- Asking you to do simple finger exercises each day
- Instructing you to wear a splint at bedtime to keep your finger(s) straight
- Letting you know how long to wait before performing normal activities with your treated hand

Note: Dupuytren’s contracture may return no matter what treatment is used.

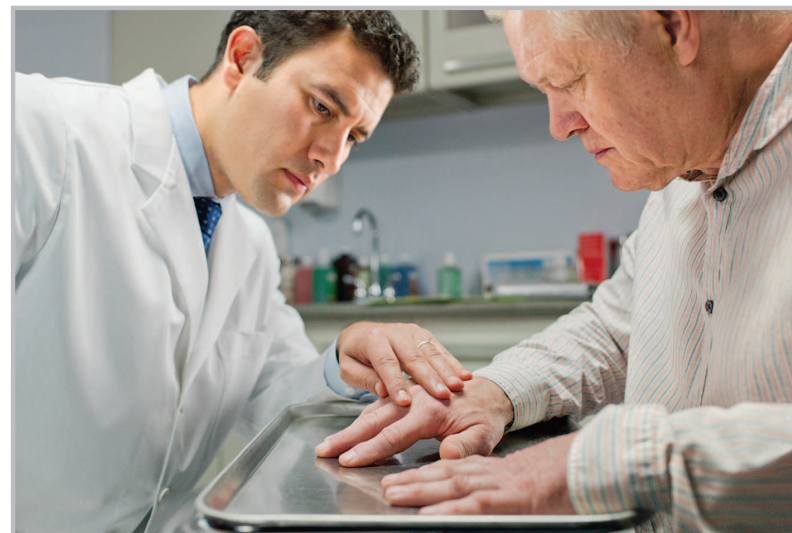
Please see Important Safety Information for XIAFLEX[®] on page 14.

Please [click here](#) for full Prescribing Information, including Medication Guide.

CHECKING YOUR PROGRESS

Once you’ve had your injection and follow-up visit, you may:

- Return to your doctor about 30 days later to have your finger(s) examined
- Depending on your results, you may need additional injections, approximately 4 weeks apart



IMPORTANT SAFETY INFORMATION FOR XIAFLEX[®] (CONT.)

XIAFLEX[®] can cause serious side effects, including:

- Nerve injury or other serious injury of the hand. Call your healthcare provider right away if you get numbness, tingling, increased pain, or tears in the skin (laceration) in your treated finger or hand after your injection or after your follow-up visit

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- **Nerve injury or other serious injury of the hand. Call your healthcare provider right away** if you get numbness, tingling, increased pain, or tears in the skin (laceration) in your treated finger or hand after your injection or after your follow-up visit
- **Hypersensitivity reactions, including anaphylaxis.** Severe allergic reactions can happen in people who receive XIAFLEX® because it contains foreign proteins. **Call your healthcare provider right away if you have any of these symptoms of an allergic reaction after an injection of XIAFLEX®:**

- hives
- breathing trouble
- low blood pressure
- swollen face
- chest pain
- dizziness or fainting

- **Increased chance of bleeding.** Bleeding or bruising at the injection site can happen in people who receive XIAFLEX®. Talk to your healthcare provider if you have a problem with your blood clotting. XIAFLEX® may not be right for you.

Before receiving XIAFLEX®, tell your healthcare provider if you have had an allergic reaction to a previous XIAFLEX® injection, or have a bleeding problem or any other medical conditions. Tell your healthcare provider about all the medicines you take, including prescription and non-prescription medicines, vitamins, and herbal supplements. Using XIAFLEX® with certain other medicines can cause serious side effects. Especially tell your healthcare provider if you take medicines to thin your blood (anticoagulants). If you are told to stop taking a blood thinner before your XIAFLEX® injection, your healthcare provider should tell you when to restart the blood thinner. Ask your healthcare provider or pharmacist for a list of these medicines if you are unsure.

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- itching
- breaks in the skin
- redness or warmth of the skin
- pain in the armpit

Tell your healthcare provider if you have any side effect that bothers you or does not go away. These are not all of the possible side effects with XIAFLEX®. For more information, ask your healthcare provider or pharmacist.

PATIENTS WITHOUT INSURANCE

If you do not have insurance, you may still be able to participate in the XIAFLEX® Copay Assistance Program.

Talk to your doctor or call 877-XIAFLEX (877-942-3539) to learn more.

The XIAFLEX® Copay Assistance Program is not the only way to get help with paying for your prescription. To find out about additional assistance, call 877-XIAFLEX (877-942-3539).

XIAFLEX® AND SPECIALTY PHARMACIES

To ensure that your XIAFLEX® prescription is filled properly, you may need to provide additional information to a Specialty Pharmacy.

Learn more about specialty pharmacies and next steps for XIAFLEX® treatment at XIAFLEX.com.

Please [click here](#) for full Prescribing Information, including Medication Guide.

You are encouraged to report negative side effects of prescription drugs to the FDA at www.FDA.gov/medwatch or 1-800-FDA-1088.

For more information, call 877-XIAFLEX
or visit XIAFLEX.com

XIAFLEX[®]
collagenase clostridium histolyticum

SAVE WITH YOUR XIAFLEX[®] COPAY

MOST ELIGIBLE PATIENTS WITH COMMERCIAL INSURANCE PLANS PAID \$0 COPAY* WITH THE XIAFLEX[®] COPAY ASSISTANCE PROGRAM

How much you pay for XIAFLEX[®] will depend on your health benefits or insurance coverage.

- With the XIAFLEX[®] Copay Assistance Program, most eligible patients[†] with commercial insurance plans paid \$0 copay for XIAFLEX[®]*
- The XIAFLEX[®] Copay Assistance Program can cover up to \$1200 of your out-of-pocket costs for each injection of XIAFLEX[®]

*Based on analysis of claims filed September 2011 through November 2016.

[†]Please see full terms and eligibility requirements at XIAFLEX.com.

HOW DO YOU KNOW IF YOU CAN SAVE?

People may have one of many different insurance companies and copays. We can help you see how much you pay based on your insurance coverage. To enroll in the Copay Assistance Program:

- Download the copay card from XIAFLEX.com
- Bring this card to your next doctor appointment and tell them you'd like to participate in the program
- Your doctor's office will be able to help you determine eligibility and access program assistance

If you are able to enroll, your benefits will be determined:

- Your doctor or Specialty Pharmacy will let you know your expenses, if any
- You will be responsible for any remaining costs

Refer to page 15 for information if you do not have insurance.

